

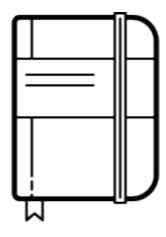
## Journaling through Grief

## Journaling Prompts

Tell me about the person you trust the most with your emotions. Why did you choose him/her?

I wonder if you could think of three good things that has happened to you after the death of your loved one.

If the tears on your pillow could talk, what would they say?



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